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Pinoy Foods: Authentic Filipino Food Recipes

GRACE ANCHETA



PINOY
FOODS

AUTHENTIC FILIPINO FOOD RECIPES



Synopsis

Pinoy Foods: Authentic Filipino Food Recipes Rather than traveling to the actual country the best way to learn about a different culture is through their food. **Pinoy Foods: Authentic Filipino Food Recipes** is the perfect book that contains authentic Filipino food recipes. This book is written so that the readers will understand the Filipino culture and heritage through their food. The book is a major milestone into enjoying Filipino foods while maximizing the resources needed for the food. The Filipino cuisine is a hybrid of its deep Philippines culture and the Spanish colony along with other countries such as China making it very unique and flavorful. While there is a variety of dishes from chicken adobo to stuffed milkfish there is one rule that all Filipinos follow, which is to eat with their loved ones. The food is prepared in big batches and enjoyed in a family-style setting to make sure everyone is fed. Grace Ancheta, who is a native of the Philippines wrote more than a general recipe book. She wrote a book that consists an engaging detailed preparation process that are simple and fits most Filipino lifestyles.

Book Information

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Customer Reviews

I love cooking food and so I keep on searching the new recipes. I bought this book just by seeing the name. I tried a few and these recipes are really very tasty. If you like cooking or want to try something different, then you must read this and start cooking these recipes. This may be also be helpful for the Restaurants and hotel industry persons.

I gave a five star review because of how authentic the recipes are. My mother is from the P.I. and reading this cookbook reminds me of her. Lumpia wrappers can be bought at any asian grocer then thawed and ingredients can be substituted to your liking. So much better than traditional soggy eggrolls. I wish that sour soup was in here but books on filipino cuisine are rare in so many ways. Lovely book!

I enjoyed reading this cookbook as it had Filipino foods both familiar(adobo) and unfamiliar. I also found a recipe for frog legs cooked in soy sauce like my father used to enjoy eating when I was a child, so I was excited to write the recipe down!

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